

## Mentoring for Women

### Mentoring Program of the Medical Faculty of the University of Bern

The mentoring program provides support to a successful academic and clinical career and how to best approach the work-life balance. It is offered to women and features the following specificities:

- Mentors and mentees are from a **related discipline**
- The relationship is individual **one-to-one mentoring**
- The mentoring relationship lasts two years and is managed at **one-to-one pair level**. Therefore applications can be submitted at **any time during the year**, allowing a relationship to start when appropriate for the mentee.

#### Aims

The mentors will focus on transferring their experience to mentees and help them to acquire the necessary tools to understand how to:

- Plan and pursue an academic and clinical career
- Raise research funds and publish in journals with high impact
- Build a professional network
- Understand the academic system and how institutes, clinics and faculties are managed
- Develop personal skills and strengthen self-esteem

#### Eligibility

The **mentee** has a strong commitment to pursue an academic career. Women with the strong wish to do a *Habilitation* are especially encouraged to participate. If you are a PhD Student, a post-doctoral fellow, a junior or tenure track team leader, an *Assistentin* or *Oberassistentin*, an *Assistenzärztin* or *Oberärztin*, you can apply for the mentoring program by sending your personal data, an updated CV and a one page letter of motivation explaining why you want to participate in the Mentoring Program to Svea Lehmann.

**Become a mentor** if you have passed your *Habilitation*, or if you are an assistant-, associate- or full- professor particularly interested in supporting young academics and are willing to invest time into a mentoring relationship.

#### Sponsoring

The mentoring program is funded by the university of Bern and the Medical Faculty of the University of Bern.



#### Program Management

##### Innerfakultäre Kommission für Gleichstellung

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