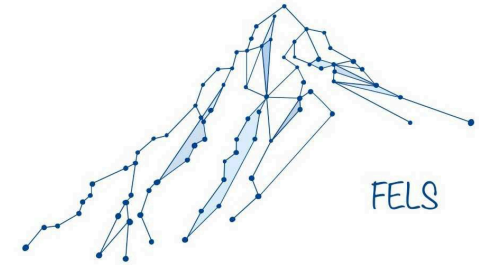


2nd FELS Retreat



- When: 14. and 15. December 2023 (with overnight stay)
- Place: Hotel Appenberg (<https://www.appenberg.ch/>)
- Participants: max. 20 participants
- Costs: Cost for room and full board will be covered by the Innerfakultäre Kommission für Gleichstellung (IFKG) and the University Hospital for Emergency Medicine
- Travel: Travel to and from the venue will be on your own
- Registration: <https://forms.gle/vV6QPMe7yKzHJ9Lx9> or via QR-code:
- Information: fels.meddek@unibe.ch



Target group: FELS Board, FELS members and female scientists and clinicians interested in an academic career and who are working at the University of Bern (Medical Faculty)

Networking – Education – Career planning

What is the FELS-Network?

Female Empowerment in Life Sciences (FELS) is an interdisciplinary network of female scientists with a background in medicine or life sciences. FELS was founded in September 2021 with support of the Innerfakultäre Kommission für Gleichstellung (IFKG) and the Direktion Lehre & Forschung.

Our goal is to build a network that empowers genderneutral academic career development, gender equality for women, and female leadership.

Program:

First day 14.12.2023

*Travel to Appenberg (Suggestion: S-Bahn Bern main station, S2, 9:12, platform 3, direction Langnau i. E., train stop Zäziwil, arrival 9.37)
Please let us know whether you will travel by S-Bahn so that we can arrange pick-up service from the train station to the hotel.*

- 10.00 Welcome & Introduction by Jessica Peter & Anne Gregor**
- 10:15 How to prepare ‘major scientific achievements’ for the new SNF CV by Jessica Peter**
- 10:45 Group/individual work on major scientific achievements**
- 11:15 Presentation/ discussions in small groups**
- 12.15 Lunch**
- 13.30 Strategic planning of FELS (e.g. upcoming workshops, program and goals for next year)**
- 14:30 Networking activity**
- 15.45 Coffee break**
- 16:15 Manuela Funke-Chambour¹ and Tanja Birrenbach² – Role Models of academic careers**
Presentation and Discussion
- 18.30 Check-In**
- 19.00 Dinner and get together**

Speakers: ¹**Prof. Dr. Manuela Funke-Chambour** – Chief Physician (Department for Pulmonary Medicine, Inselspital, Bern University Hospital)
²**PD Dr. Tanja Birrenbach** – Attending Physician (Department for Emergency Medicine, Inselspital, Bern University Hospital)

Second day: 15.12.2023

Check-out prior to the start of the seminar

From 07.00 Breakfast

Grant Writing Workshop with Dr. Kristin Bivens³

08:00 Semi-structured small group discussions with 2 readings and 5 question prompts

Readings —“Shitty First Drafts” by Anne Lamott
—“My Writing Journey” by Yuhne Tong

09:15 Semi-structured short group presentations

Reporting personal writing woes, worries, and wins

10.00 Coffee break

10.30 Sex and Gender: Approaches, Considerations, and Terminology for Grant Writing

Grant Writing —foundational study protocol and BMaDE structure
Sex and Gender —sex and gender terminology, SABV, and accuracy in research
—person-first language; identity first language
—sex and gender equity in research (SAGER) guidelines

12.00 Lunch

13.00 Helpful writing mnemonics

Scientific writing —rewriting CV phrases with empowering language

14.00 Research questions

Critiquing, reverse engineering, and reforming research questions

16.00 End & Individual travel arrangements

Travel suggestion: 16.49 from Zäziwil, S2 Direction Laupen BE, 17.18 Uhr arrival Bern main station

Please let us know whether you need to be taken to the train station

Organization: FELS Board and Innerfakultäre Kommission für Gleichstellung (IFKG) / Svea Lehmann

Speaker: ³Dr. Kristin Bivens – Scientific Editor